

## Developmental Disabilities Administration

Region 2  
Presents Trainings for  
Continuing Education  
2017

### **Chris Heimerl Presents: *What Makes a Good Day?***

**Highline College**  
**2400 S 240th St,**  
**Building 2**  
**Des Moines, WA 98198**

**October 11<sup>th</sup>, 2017**  
**9:00AM - 4:00PM**

#### **About the Course:**

Chris will facilitate a conversation about what contributions we may make to contribute to individuals experiencing success, growth and a satisfying lifestyle. Highlights will include defining our essential job tasks, considering outcome priorities, and promoting team consensus. Specific attention to direct support professional opportunities will be featured. Finally, Chris will reveal what he refers to as the MMMMenu. This is a list of considerations that he has relied on when “stuck” with a particularly complex and challenging individual.

**[Click here to Register](#)**

This class is limited to 75 attendees, and you must be registered to attend.

#### **About the Trainer:**

##### **Chris Heimerl**

Chris is approaching 44 years of human service experience, primarily in the areas of developmental disabilities and mental health. He is most curious about how community support can be fashioned to embrace individuals with complex, challenging needs. His emphasis is direct or clinical support and teaching. Chris is currently the Positive Approaches Consultant to the Bureau of Behavioral Support for the State of New Mexico where he participated in the transition of individuals with developmental disabilities from institutional to community-based settings, helping close both state operated facilities.

Chris holds a Master's degree in Social Welfare from the University of Wisconsin-Madison, with extensive postgraduate training in family therapy and substance abuse. He has been the featured presenter at over 300 conferences and workshops in 30 states. He is deeply influenced as a parent of a child with a variety of complex and challenging developmental needs.

## **Course Objectives:**

Session goals for participants include:

1. Defining what factors are essential in considering effective support.
2. Learning a comprehensive process for identifying individualized crisis genesis and response with specific considerations at varying intervention points.
3. Exploring the relationship/engagement conundrum so many teams and individuals face.

### **Who Should Attend?**

Supported living providers, supported employment specialists, supported living providers, advocates and self-advocates, teachers, DDA and DVR case managers, family members, or anyone supporting an individual with developmental disability.

Training is approved for 6 hours of Continuing Education credits. There is no charge for this training. Please remember to sign-in and sign out to receive a CE Certificate.

If you get lost or in the event of inclement weather, email [conference@satraininginstitute.org](mailto:conference@satraininginstitute.org) to get further direction or to find out if the training will be held as scheduled. Please don't be late; doors will close at start time.

Additional Classes are listed Online

<http://www.dshs.wa.gov/dda/dda-provider-training>

## **Developmental Disabilities Administration**

Region 2

Presents Workshops for  
Continuing Education:  
2017



### **Purpose Statement**

The Developmental Disabilities Administration (DDA) endeavors to make a positive difference in the lives of people eligible for services, through offering quality supports and services that are: individual/ family driven; stable and flexible; satisfying to the person and their family; and able to meet individual needs. Supports and services shall be offered in ways that ensure people have the necessary information to make decisions about their options and provide optimum opportunities for success.

- INDIVIDUAL WORTH AND DEVELOPMENT
- CONTINUITY AND COORDINATION OF SERVICES
- COMMUNITY PARTICIPATION AND PARTNERSHIP
- RESPECT FOR EMPLOYEES
- SERVICES QUALITY AND PERFORMANCE ACCOUNTABILITY
- NONDISCRIMINATION



Washington State  
Department of Social  
& Health Services

**DDA** Developmental  
Disabilities Administration